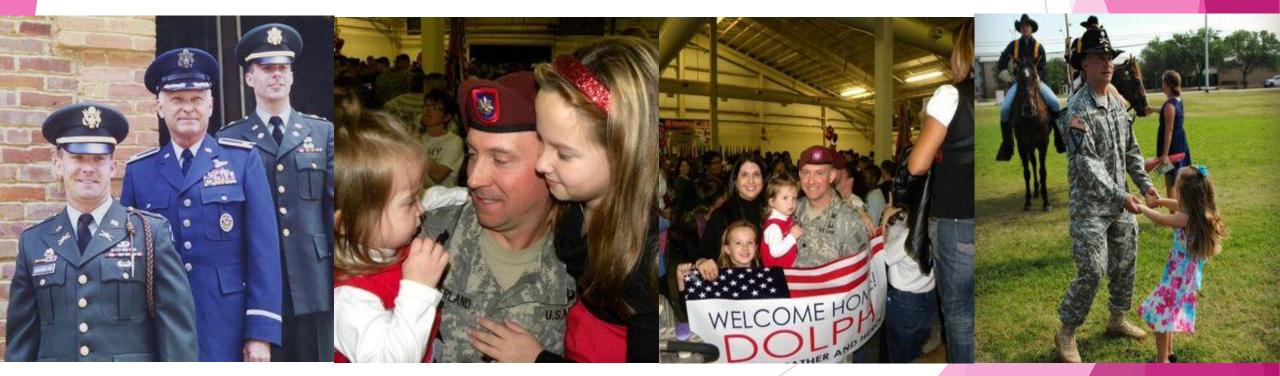
Military Connected Families: Who Are They and How Can Your PTA Support Them?

Jennifer Southerland, HCC PTA/PTSA Military Inclusion Chair FL PTA Fam. & Comm. Engagement and Ed. Pathways Committees



#### Objectives

- Learn who qualifies as a military connected student or family
- Gain knowledge about challenges military connected students/families face
- Review National PTA Standards for Family-School Partnerships as they pertain to supporting and engaging military connected students/families
- Establish a military support position in your local unit
- Celebrate the military connected students/families in local units/schools
- Trainings and Resources for local units and for military connected students/families

https://www.youtube.com/watch?v=-h\_TNcCQq\_k&t=12s

# Who are the military families?

- The 1% of American men and women that serve in the Army, Air Force, Navy, Coast Guard & Marines, National and their families
- Statistics for active duty military service members and military connected families
  - Veteran's and their families and how they fit into the equation





#### 2019 DEMOGRAPHICS PROFILE ACTIVE DUTY MEMBERS

More than 1,300,000 Active Duty members serve in the four military Service branches: Army, Navy, Marine Corps, and Air Force. These members are an important part of the military community.



#### Gender

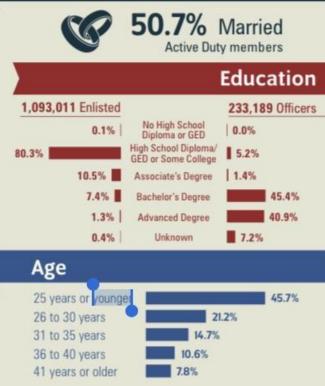
83.1% 16.9% WOMEN

Race/Ethnicity

**31.2%** of<br/>Active Duty Force<br/>Racial Minority\***16.7%** of<br/>Active Duty Force<br/>Hispanic or Latino

\*Racial minority groups include American Indian or Alaska Native, Asian, Black or African American, Native Hawaiian or Other Pacific Islander, Multi-racial, and Other/Unknown.

#### **Marital Status**



2019 Demographics Profile of the Military Community DoD.

#### **Challenges Our Military Connected Students Face**

- Frequent relocations
- PCS or permanent changes of stations
- Educational inconsistencies
- Extracurricular activities disruption
- Transitions
- Fear of Loss or actual loss
- Deployment Cycle



Pre-Deployment (Anxiety, Anticipation, Denial, Mental/Physical Distance)

Post-Deployment (Honeymoon Period, Reintegration, Negotion of Routines)

Sustainment (New Routines

Re-Deployment/ Homecoming Approaches (Anticipation, Excitement, Apprehension)

Deployment (Sadness,

Lonliness, Overwhelmed

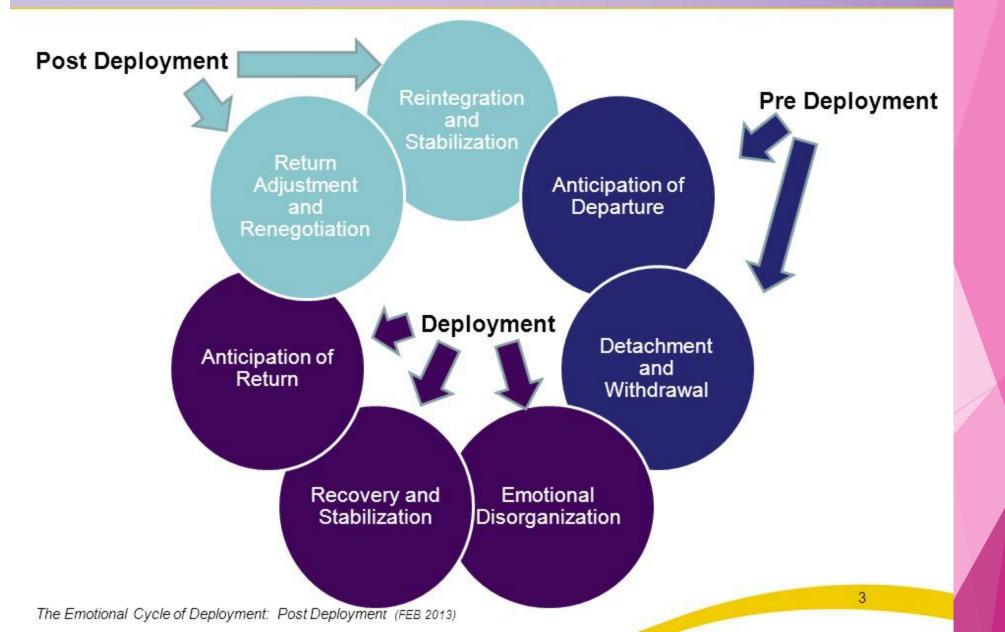
with Responsibilites)

Established, Independence, Confidence)

5 Stages of the Deployment Cycle



#### **The Emotional Cycle of Deployment**



#### Military Connected Student/Family Tracking

\*School administrative staff keeps up to date data.

\*E.S.S.A.

\*Unique Military Identifier Number

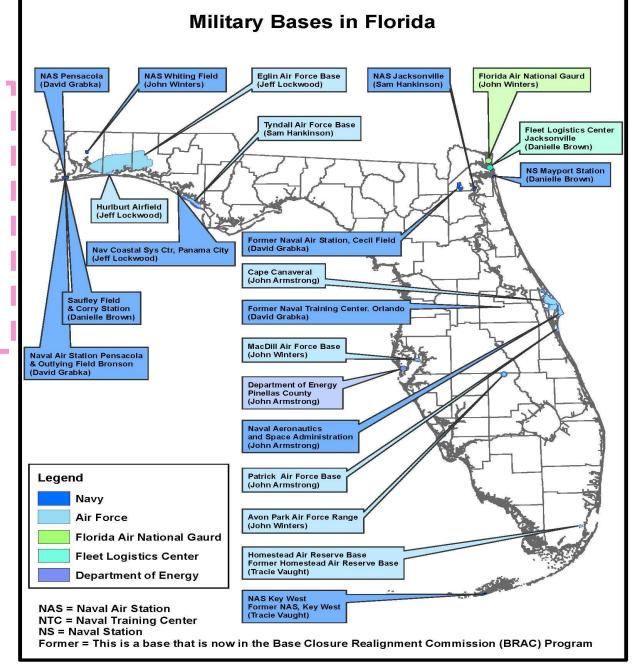
\*PTA Registration Forms

\*Engage and include new military parents

\*Social Media use and military connected parents/students



#### Where are the military families Geographically?



Florida Military Bases. The state of Florida hosts 21 military bases, some from every branch of the United States Military. The Pensacola/Jacksonville area is home to most of the military bases in Florida, but they exist in other coastal areas as well such as the Greater Tampa Bay (Hillsborough/Pinellas Co. and Miami/Dade etc.)

## What are the first steps to including Military Families?

Keep in mind the National PTA Standards for Family-School Partnerships

- Standard 1: Welcoming All Families into the School Community
- Standard 2: Communicating Effectively
- Standard 3: Supporting Student Success
- Standard 4: Speaking Up for Every Child
- Standard 5: Sharing Power
- Standard 6: Collaborating with Community

(http://s3.amazonaws.com/rdcms-pta/files/production/public/Advocacy/CCSSIT oolkit/Common%20Core%20State%20Standards%20Resources/CCSS%20and%20the% 20Military/Military%20Families%201-Pager%205.pdf)

#### **Local Units Take Action**

**Point of Contact (POC). Create a POC on your board.** Parent Military Liaison, PTA Military Inclusion, Military Engagement Chair, etc. Add to Standing Rules/by-laws. Assign VP

Meet Ups: Open House Orientation Tables, Social Media groups, lunch buddy program, sponsorship program and Counseling small groups "Patriot Groups"

Survey: Ask families what they need

**Programs:** Schedule program for board and extend to admin, educators, counselors

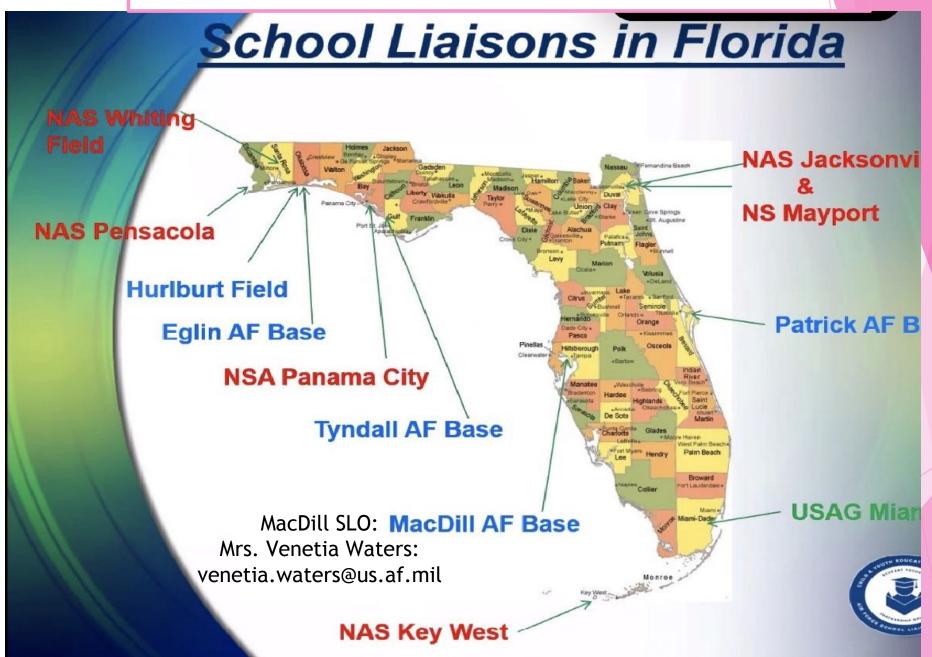
MIC3: Military Interstate Childrens Compact Commission

Federal Impact Aid Forms: Assist in campaign to collect

SLO's: School Liaison Officers: Collaborate/refer



School Liaison Officers on Installations Near You



# **Celebrate Veterans Day**

- Host a Veterans Day ceremony
- Build a Veteran's Wall
- Thank Veterans
- Invite a Veteran
- Invite a military kid
- Include non military connected students
- Classroom ideas
- Red poppy's
  - Community partner with VA, American Legion, Amvets, etc

Florida Veterans information: (https://www.floridavets.org/).



# Celebrate the Month of the Military Child (MOMC) in April

- International Month of the Military Child. Purple is the color for military children and the Dandelion is the official flower.
- Toolkit: <u>www.militarychild.org/MOMC\_Toolkit/</u> :
- Purple Up Spirit Day In person or Virtual
- Spirit week. Examples of virtual spirit week at: <u>https://www.hccptaptsa.org/military-resources</u>.
- Newsletters
- Book Club: Examples of titles at: <u>https://www.hccptaptsa.org/military-resources</u>
- Essay activity/contest
- Art activity/contest
- Hold an assembly or host classroom Guest speakers
- Salute to Military Children at Sporting Events
- Purple Up photo booth/photo op set up in the multi-purpose room or at drop off/pick up
- Website Feature and good old fashioned Bulletin Boards in school
  - Morning News show

## Going Above and Beyond

- PTA/School Book of the Month: "The Seasons of My Military Student" <u>https://seasonsofmymilitarystudent.com/</u>
- Join forums: the Seasons of My Military Student Facebook page for Teachers and Parents of kids K-12. <u>https://www.facebook.com/groups/325147257999017/</u>
- Enroll in Schoolquest. <u>www.schoolquest.org</u>. A digital portfolio site by MCEC that helps keep all important paperwork in one place
- Form a Military Kid's Clubs: <u>http://seasonsofmymilitarystudent.com/military-kids-club?fbclid=IwAR0RcF3GcX3Z</u> 08vFlm6M3HSOZ8Isu8cENRJkZ\_D8kHwL\_TEYzWpcdkKE
- S2S Programs: <u>https://www.militarychild.org/programs/student-2-student</u>
- Attain Purple Star Designated Schools Award: <u>https://www.niche.com/blog/what-is-a-purple-star-school/</u> (HB 426 Rep Learned from D59 sponsored this bill)
  - School of Excellence Award:

Programs for Families and Professional Development for Board Members

- The Military Child Education Coalition
- Free Training and Professional Development Available 24/7
- Military Student Consultants (MSC's)
  - Military Family Life Counselors (MFLC's)

Military OneSource

### Resources

- National PTA Military Page: <u>www.pta.org/run-your-pta-/Diversity-Equity-Inclusion/supporting-multicultural-membership-growth/Children-in-Military-Families</u>.
- Florida PTA Military Page(more coming soon). <u>www.floridapta.org</u>
- HCC PTA/PTSA Military Resources, Links, Spirit Weeks, Book list, etc. <u>www.hccptaptsa/org/military-resources</u>
- Military Onesource: www.militaryonesource.com
- MCEC: Military Child Education Coalition: www.miltarychild.org. Like them on Facebook. Professional Development programs available on the website on many topics applying to all families. Webinars, Workshops, Podcasts. There is now an MCEC en Espanol Facebook page.
- Month of the Military Child Toolkit: <u>www.militarychild.org/MOMC\_Toolkit/</u>
- Military Interstate Compact or MIC3. <u>www.mic3.net</u>. See Florida's specific page.
- Military Kids Connect: <u>https://militarykidsconnect.health.mil/</u>
- Bloom for Teens: <u>https://www.bloommilitaryteens.org/</u>
- https://www.militaryonesource.mil/data-research-and-statistics/military-community-demographics/?utm\_campaign =mos-enews-jan2021&utm\_content=html&utm\_medium=email&utm\_source=govdelivery
- Dod latest graphics for Families, Total Force and by Service at <u>https://www.militaryonesource.mil/data-research-and-statistics/military-community-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/2019-demographics/</u>

### Resources

- Military Impacted Schools Association: <u>www.militaryimpactedschoolsassociation.org</u>
- National Association for Federally Impacted Schools: <u>www.nafisdc.org</u>
- U.S. Department of Defense Education Activity: <u>www.dodea.edu.org</u>
- National American Legion: <u>www.legion.org</u>
- National American Legion Auxiliary: <u>www.ALAforVeterans.org</u>
- Seasons of My Military Student: Book, FB page and blog. How teachers and parents can support the military connected student. <u>www.seasonsofmymilitarystudent.com</u>
- Sesame Street Support materials: <u>www.sesamestreet.org</u>. A unique military page.
- Tutor.com: Free tutoring help 24/7 in all subjects. <u>www.tutor.com</u>
  - Kahn Academy. <u>www.kahnacademy.org</u>

School Quest. www.Schoolquest.org

### **Veterans Specific Resources**

- https://www.operationwearehere.com/ArtTherapy.html.
- https://www.veteransflorida.org/.
- https://www.veteransflorida.org/veteran-resources/.
- https://www.military.com/benefits/veteran-state-benefits/florida-state-veterans-benefits.html.
- https://www.hiringourheroes.org/
- https://www.militaryonesource.mil/confidential-help/specialty-consultations/transitioning-veterans
- https://floridavets.org/
- https://benefits.va.gov/gibill/
- https://www.veteranscrisisline.net/
- https://suicidepreventionlifeline.org/help-yourself/veterans/
  - www.legion.org
  - www.amvets.org
  - https://www.moaa.org/
  - https://floridavets.org/our-veterans/gold-star-families/
  - https://www.floridatrend.com/article/23810/military-bases-in-florida.

#### Military Reunions: https://youtu.be/xsbZ4vFuLO8

# THANK YOU

- Thank you FL PTA for allowing me to speak today.
- Please reach out to me if you need assistance getting started supporting military families and military connected children in your local unit
- Jennifer Southerland
- Email: <u>military@hccptaptsa.org</u> or <u>Jennifer.southerland@militarychild.org</u>
- Cell: 913-702-4121